



Comprehensive Care Services, Inc.

E-mail customsolutions@webmd.net if you have questions.

This opportunity won't last long. Make plans now for the online health assessment and a healthier you!

Don't miss out

You'll get connected to a world of personal resources to help you have more energy and a better outlook on your health.

And there's more

Click on the "Plan Details" tab in the member service center at www.ccstpa.com and complete your assessment today.

What to do

Immediate results tailored just for you — and lots of ideas for taking good care of yourself.

What's in it for you?

Take 15 minutes to complete the online assessment, a questionnaire about your health history, nutrition, physical activity and more.

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Plan on feeling better about your health

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