



Program	Fee
<b>Health Assessment and Follow-up Support</b>	<i>A minimum of 90 days is required for implementation</i>
Online Health Assessment; and Online Health Coaching modules – for health plan members <sup>1</sup>	No additional charge. Includes: <ul style="list-style-type: none"> <li>• Access to online health assessment (English/Spanish)</li> <li>• Online individual report (English/Spanish)</li> <li>• Group aggregate management report (generated for groups with 20 or more health assessment participants)</li> <li>• Health assessment completion report</li> <li>• Communication toolkit</li> <li>• Access to Online Health Coaching modules</li> </ul>
<b>Support for health plan members<sup>1</sup></b>	
Paper health assessment	A set up fee applies (waived if purchasing a follow-up program) Fees apply per questionnaire ( <i>bulk shipped</i> ) Fees apply for report and postage per participant per year
Follow-up programs: Phone-based Lifestyle coaching	A set up fee applies  Fees apply per participant Phase I per participant per year (enrollment phase). Includes: <ul style="list-style-type: none"> <li>• Welcome kit</li> <li>• Five call attempts plus one no-reach letter to enroll participant into next phase</li> </ul> Phase II per participant per year (participation phase). Includes: <ul style="list-style-type: none"> <li>• Up to 12 counseling sessions per year</li> </ul>
Mail-based Lifestyle Coaching	Fees apply per participant
<b>Support for non-health plan members<sup>1</sup></b>	
Online Health Assessment; and Online Health Coaching modules	Included in set-up fee
Paper health assessment	Fees apply per questionnaire ( <i>bulk shipped</i> ) Fees apply for report and postage per participant per year
Follow-up programs: Phone-based Lifestyle coaching	Fees apply per participant Phase I per participant per year (enrollment phase). Includes: <ul style="list-style-type: none"> <li>• Welcome kit</li> <li>• Five call attempts plus one no-reach letter to enroll participant into next phase</li> </ul> Phase II per participant per year (participation phase). Includes: <ul style="list-style-type: none"> <li>• Up to 12 counseling sessions per year</li> </ul>
Mail-based Lifestyle Coaching	Fees apply per participant

**For additional health assessment and follow-up program information and pricing, please contact your CCStpa sales representative**

▪ <sup>1</sup> **Members** - defined as an employee, spouse, and dependents 18 years of age or older.